

# What's New with Help Me Grow North Texas?

## Parker County Family Resource Center



- ❖ The Parker County Family Resource Center is a flexible family-focused hub of free community resources, educational opportunities, and family supports. Free services include:
  - Resource Navigation & Case Management
  - Early Childhood Developmental Screenings
  - Basic Needs Supplies
  - Parenting Education Classes & Groups
  - Parenting Books & Materials
  - Fun Parent & Child Activity Groups
  - Fatherhood Support & Resources
  - Parent Cafes
  - Community Events
- ❖ To find out the groups and events happening at the Parker County Family Resource Center, go to <https://helpmegrownorthtexas.org/events/>
- ❖ Address: 314 E 5th Terrace Springtown, TX 76082
- ❖ Hours: Monday through Friday 8 AM to 5 PM
- ❖ Call: 844-689-5437 to learn more or get connected with onsite staff
- ❖ Counties Served: Parker, Wise, Palo Pinto, Hood, and Tarrant
- ❖ [Facebook](#)
- ❖ [Instagram](#) @familyresourcecenterpc



844-689-5437

[www.HelpMeGrowNorthTexas.org](http://www.HelpMeGrowNorthTexas.org)

## What's New with Help Me Grow North Texas?

Ellis County Family Resource Center coming soon!



### Child Care and Early Education Navigation



Help Me Grow North Texas is excited to announce that Child Care and Early Education Navigators will be available soon for child care centers and early education programs within Tarrant County to access. These staff will be able to assist with:

- ❖ Developing or improving developmental screening processes
- ❖ Addressing challenging student behaviors
- ❖ Offering professional development opportunities both virtually and in person
- ❖ Connecting families with needed community resources
- ❖ Connecting centers with an Infant-Early Childhood Mental Health Consultant (IECMHC)

*If you are interested in learning more, contact Jennifer Cox at 817-739-3721 or [Jennifer.Cox@mhmrtc.org](mailto:Jennifer.Cox@mhmrtc.org)*



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# What's New with Help Me Grow North Texas?

## Family Leadership Summit

On April 22nd, 2023 over 40 individuals from across North Texas were impacted by the very first Help Me Grow North Texas Regional Family Leadership summit.

The overall report for the event with quotes from attendees and recognition from those that made the event possible, can be found [here](#).

Overall attendees enjoyed networking, the content sessions, and learning tangible strategies to take back to their families or professional environments.

More information will be coming out soon regarding the second regional family leadership summit!



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